



Monday

Westfield Park Community Centre, Falkirk (FK2 9DX)

5.45pm - 6.45pm - TaeKwon-Do Class 1 - White belt to Yellow/ Green stripe

6.45pm - 7.45pm - TaeKwon-Do Class 2 - Green belt and above

7.45pm - 9.15pm Korean Kickboxing

Tuesday

Westfield Park Community Centre, Falkirk (FK2 9DX)

5:30pm - 6.15pm – Tigers

6.30pm – 7.30pm - Junior Korean kickboxing (age 7-12 yrs)

7.30pm - 9.00pm – Korean Kickboxing

Wednesday

Tryst Community Sports Club at Larbert High School (FK5 3BL)

5:30pm - 6:15pm -Tigers

6:30pm - 7:30pm -TaeKwon-Do – White belt to yellow belt

7.30pm – 8.30pm – Taekwon-Do Yellow belt green stripe and above

Thursday

Westfield Park Community Centre, Falkirk (FK2 9DX)

5:00pm - 5.45pm – Tigers

6.00pm – 7.00pm - TaeKwon-Do Class - White belt to Yellow/ Green stripe

7.00pm – 8.00pm - TaeKwon-Do Class - Green belt and above

8.00pm – 9.30pm – Korean Kickboxing

Sunday

Fankerton Hut., Denny (FK6 5HJ)

11am - 11.45pm - Tigers

12pm - 1pm - TaeKwon-Do

Get in touch with our team to book one of our classes. Use our 'Contact us' form on the website, or alternatively email us at garry@shawmartialarts.co.uk